

Literature Review

Psoriasis

Medication	Title of Article	Pubmed Link
ACITRETIN & METHOTREXATE	Efficacy and safety of systemic methotrexate vs. acitretin in psoriasis patients with significant palmoplantar involvement: a prospective, randomized study	http://www.ncbi.nlm.nih.gov/pubmed/23066720
ALEFACEPT	Patterns of combination therapy with alefacept for the treatment of psoriasis in Canada in the AWARE study	http://www.ncbi.nlm.nih.gov/pubmed/20053325
ALOE VERA & TRIAMCINOLONE	A prospective, randomized clinical trial comparing topical aloe vera with 0.1% triamcinolone acetonide in mild to moderate plaque psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/19686327
ALPHA/POLY HYDROXY ACID	A double-blind, randomized clinical trial of 20% alpha/poly hydroxy acid cream to reduce scaling of lesions associated with moderate, chronic plaque psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/23986157
AMINOLAEVULINIC ACID	Disappointing results and low tolerability of photodynamic therapy with topical 5-aminolaevulinic acid in psoriasis. A randomized, double-blind phase I/II study	http://www.ncbi.nlm.nih.gov/pubmed/16898905
ANTI-ANGIOGENIC PEPTIDES	Topical application of anti-angiogenic peptides based on pigment epithelium-derived factor can improve psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/20060688
AZELAIC ACID	Efficacy of 15% azelaic acid in psoriasis vulgaris: a randomized, controlled clinical trial	http://www.ncbi.nlm.nih.gov/pubmed/20684146
BECOCALCIDIOL	Topical becoalcidiol for the treatment of psoriasis vulgaris: a randomized, placebo-controlled, double-blind, multicentre study	http://www.ncbi.nlm.nih.gov/pubmed/17596167
BENVITIMOD	Use of a dose-response model to guide future clinical trial of benvitimod cream to treat mild and moderate psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/26709597
BENVITIMOD	Randomized, double-blind, placebo-controlled, multiple-dose study of the safety, tolerability and pharmacokinetics of benvitimod, a candidate drug for the treatment of psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/24673513
BENVITIMOD	A randomized study to evaluate the efficacy and safety of adding topical therapy to etanercept in patients with moderate to severe plaque psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/23643256
BEXAROTENE	A randomized, double-blind, vehicle-controlled, bilateral comparison trial of bexarotene gel 1% versus vehicle gel in combination with narrowband UVB phototherapy for moderate to severe psoriasis vulgaris	http://www.ncbi.nlm.nih.gov/pubmed/16384765
CAFFEINE	Evaluation of the efficacy of topical caffeine in the treatment of psoriasis vulgaris	http://www.ncbi.nlm.nih.gov/pubmed/16249145

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CALCIPOTRIENE	Efficacy and safety of calcipotriene 0.005% foam for the treatment of plaque-type psoriasis: results of two multicenter, randomized, double-blind, vehicle-controlled, phase III clinical trials	http://www.ncbi.nlm.nih.gov/pubmed/22587791
CALCIPOTRIENE & BETAMETHASONE	Calcipotriene 0.005%--betamethasone dipropionate 0.064% ointment versus topical suspension in the treatment of plaque psoriasis: a randomized pilot study of patient preference	http://www.ncbi.nlm.nih.gov/pubmed/25566573
CALCIPOTRIENE & BETAMETHASONE	Effect of calcipotriene plus betamethasone dipropionate topical suspension on the hypothalamic-pituitary-adrenal axis and calcium homeostasis in subjects with extensive psoriasis vulgaris: an open, non-controlled, 8-week trial	http://www.ncbi.nlm.nih.gov/pubmed/23986161
CALCIPOTRIENE & BETAMETHASONE	Calcipotriene plus betamethasone dipropionate topical suspension for the treatment of mild to moderate psoriasis vulgaris on the body: a randomized, double-blind, vehicle-controlled trial	http://www.ncbi.nlm.nih.gov/pubmed/23377334
CALCIPOTRIENE/ BETAMETHASONE	Calcipotriol plus betamethasone dipropionate gel compared with its active components in the same vehicle and the vehicle alone in the treatment of psoriasis vulgaris: a randomised, parallel group, double-blind, exploratory study	http://www.ncbi.nlm.nih.gov/pubmed/20413372
CALCIPOTRIENE/ BETAMETHASONE	An Applicator Delivery System for Fixed-Combination Calcipotriene Plus Betamethasone Dipropionate Topical Suspension (Gel): Innovating Psoriasis Vulgaris Treatment Through Patient Collaboration	http://www.ncbi.nlm.nih.gov/pubmed/26541164
CALCIPOTRIENE/ BETAMETHASONE	Superior efficacy of calcipotriene and betamethasone dipropionate aerosol foam versus ointment in patients with psoriasis vulgaris--A randomized phase II study	http://www.ncbi.nlm.nih.gov/pubmed/26444907
CALCIPOTRIENE/ BETAMETHASONE	A new scalp formulation of calcipotriene plus betamethasone compared with its active ingredients and the vehicle in the treatment of scalp psoriasis: a randomized, double-blind, controlled trial	http://www.ncbi.nlm.nih.gov/pubmed/18694678
CALCIPOTRIENE/ BETAMETHASONE	Calcipotriol plus betamethasone dipropionate scalp formulation is effective and well tolerated in the treatment of scalp psoriasis: a phase II study	http://www.ncbi.nlm.nih.gov/pubmed/18463448
CALCIPOTRIENE/ BETAMETHASONE	Topical calcipotriene 0.005% and betamethasone dipropionate 0.064% maintains efficacy of etanercept after step-down dose in patients with moderate-to-severe plaque psoriasis: results of an open label trial	http://www.ncbi.nlm.nih.gov/pubmed/21818509

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CALCIPOTRIENE/TACROLIMUS	Preliminary study of the efficacy and tolerability of combination therapy with calcipotriene ointment 0.005% and tacrolimus ointment 0.1% in the treatment of stable plaque psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/23094314
CALCIPOTRIOL	Comparison of clinical effects of psoriasis treatment regimens among calcipotriol alone, narrowband ultraviolet B phototherapy alone, combination of calcipotriol and narrowband ultraviolet B phototherapy once a week, and combination of calcipotriol and narrowband ultraviolet B phototherapy more than twice a week	http://www.ncbi.nlm.nih.gov/pubmed/23414298
CALCIPOTRIOL	Comparison of the antipsoriatic effect and tolerability of calcipotriol-containing products in the treatment of psoriasis vulgaris using a modified psoriasis plaque test	http://www.ncbi.nlm.nih.gov/pubmed/22845045
CALCIPOTRIOL	Efficacy and tolerability of a cosmetically acceptable coal tar solution in the treatment of moderate plaque psoriasis: a controlled comparison with calcipotriene (calcipotriol) cream	http://www.ncbi.nlm.nih.gov/pubmed/20513160
CALCIPOTRIOL	Proactive treatment with calcipotriol reduces recurrence of plaque psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/26434738
CALCIPOTRIOL & COAL TAR/SALICYLIC ACID	Comparative evaluation of topical calcipotriol versus coal tar and salicylic acid ointment in chronic plaque psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/23986159
CALCIPOTRIOL/BETAMETHASONE	A 52-week randomized safety study of a calcipotriol/betamethasone dipropionate two-compound product (Dovobet/Daivobet/Taclonex) in the treatment of psoriasis vulgaris	http://www.ncbi.nlm.nih.gov/pubmed/16704648
CALCIPOTRIOL/BETAMETHASONE	Efficacy of a fixed combination of calcipotriol/betamethasone dipropionate topical gel in adult patients with mild to moderate psoriasis: blinded interim analysis of a phase IV, multicenter, randomized, controlled, prospective study	http://www.ncbi.nlm.nih.gov/pubmed/25346093
CALCIPOTRIOL/BETAMETHASONE	Practicability of combined treatment with calcipotriol/betamethasone gel (Daivobet® Gel) and improvement of quality of life in patients with psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/23437972
CALCIPOTRIOL/BETAMETHASONE	Treatment of plaque psoriasis with the two-compound product calcipotriol/betamethasone dipropionate versus both monotherapies: an immunohistochemical study	http://www.ncbi.nlm.nih.gov/pubmed/20055694

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CALCIPOTRIOL/BETAMETHASONE	A new scalp formulation of calcipotriol plus betamethasone dipropionate compared with each of its active ingredients in the same vehicle for the treatment of scalp psoriasis: a randomized, double-blind, controlled trial	http://www.ncbi.nlm.nih.gov/pubmed/19067709
CALCIPOTRIOL/BETAMETHASONE VS CALCIPOTRIOL	Efficacy and safety of calcipotriol plus betamethasone dipropionate scalp formulation compared with calcipotriol scalp solution in the treatment of scalp psoriasis: a randomized controlled trial	http://www.ncbi.nlm.nih.gov/pubmed/19416259
CALCITRIOL	Calcitriol ointment 3 microg/g is safe and effective over 52 weeks for the treatment of mild to moderate plaque psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/19445311
CALCITRIOL	Calcitriol 3 microg/g ointment in the management of mild to moderate plaque type psoriasis: results from 2 placebo-controlled, multicenter, randomized double-blind, clinical studies	http://www.ncbi.nlm.nih.gov/pubmed/17668541
CALCITRIOL	Topical use of calcitriol 3 microg/g ointment in the treatment of mild-to-moderate psoriasis: results from an open-label study	http://www.ncbi.nlm.nih.gov/pubmed/16274406
CLOBETASOL	Predicting improvement in signs and symptoms of plaque psoriasis after 1 week of treatment with clobetasol propionate 0.05% spray	http://www.ncbi.nlm.nih.gov/pubmed/24301248
CLOBETASOL	Improvement in signs and symptoms of plaque psoriasis after 1 week of treatment with clobetasol propionate 0.05% spray	http://www.ncbi.nlm.nih.gov/pubmed/23377516
CLOBETASOL	Clobetasol propionate 0.05% spray for the management of moderate-to-severe plaque psoriasis of the scalp: results from a randomized controlled trial	http://www.ncbi.nlm.nih.gov/pubmed/21818510
CLOBETASOL	Ultrasound evaluation of clobetasol propionate 0.05% foam application in psoriatic and healthy skin: a pilot study	http://www.ncbi.nlm.nih.gov/pubmed/19891687
CLOBETASOL	Clobetasol propionate spray 0.05% add-on therapy to a stable regimen of biologic treatment in patients with moderate to very severe plaque psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/19916299
CLOBETASOL	Treatment of scalp psoriasis with clobetasol-17 propionate 0.05% shampoo: a study on daily clinical practice	http://www.ncbi.nlm.nih.gov/pubmed/19845822
CLOBETASOL	Clobetasol propionate foam 0.05% as a novel topical formulation for plaque-type and scalp psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/17520464
CLOBETASOL	Relevance of the COBRA trial in current psoriasis practice	http://www.ncbi.nlm.nih.gov/pubmed/18154218

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CLOBETASOL & CALCITRIOL	Supraerythemogenic excimer laser in combination with clobetasol spray and calcitriol ointment for the treatment of generalized plaque psoriasis: Interim results of an open label pilot study	http://www.ncbi.nlm.nih.gov/pubmed/24547791
CLOBETASOL & CALCITRIOL	A multi-center, open-label study to evaluate the safety and efficacy of a sequential treatment regimen of clobetasol propionate 0.05% spray followed by Calcitriol 3 mg/g ointment in the management of plaque psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/21283920
CLOBETASOL VS CALCIPOTRIENE	Comparing clobetasol propionate 0.05% spray to calcipotriene 0.005% betamethasone dipropionate 0.064% ointment for the treatment of moderate to severe plaque psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/19180896
CLOBETASOL VS CALCIPOTRIOL	Clobetasol propionate shampoo 0.05% and calcipotriol solution 0.005%: a randomized comparison of efficacy and safety in subjects with scalp psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/15897165
COAL TAR	Tolerability and cosmetic acceptability of liquor carbonis distillate (coal tar) solution 15% as topical therapy for plaque psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/20486463
COAL TAR	LCD plus NB-UVB reduces time to improvement of psoriasis vs. NB-UVB alone	http://www.ncbi.nlm.nih.gov/pubmed/19363853
CORTICOSTEROID	Explorative immunohistochemical study to evaluate the addition of a topical corticosteroid in the early phase of alefacept treatment for psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/17136563
CORTICOSTEROID S/ VITAMIN D	Concept of Remission in Chronic Plaque Psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/26523059
DESOXIMETASONE	Clinical study results of desoximetasone spray, 0.25% in moderate to severe plaque psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/24301242
DESOXIMETASONE	Desoximetasone 0.25% Spray for the Relief of Scaling in Adults With Plaque Psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/26267727
DITHRANOL & CALCIPOTRIOL	Treatment of plaque-type psoriasis with the 308 nm excimer laser in combination with dithranol or calcipotriol	http://www.ncbi.nlm.nih.gov/pubmed/22335232
EOSIN & STEROIDS	A randomized controlled trial to evaluate short-term treatment with eosin vs. topical steroids in psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/19175784
ETANERCEPT	Effect of etanercept therapy on psoriasis symptoms in patients from Latin America, Central Europe, and Asia: a subset analysis of the PRISTINE trial	http://www.ncbi.nlm.nih.gov/pubmed/25994179

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ETANERCEPT	Randomized, blinded assessor study to Evaluate the efficacy and safety of etanercept 50 mg once weekly plus as Needed topical agent vs. Etanercept 50 mg twice weekly in patients with moderate to severe plaque psoriasis (REFINE)	http://www.ncbi.nlm.nih.gov/pubmed/24980988
ETANERCEPT	Improvements in patient-reported outcomes in patients with psoriasis receiving etanercept plus topical therapies: results from REFINE	http://www.ncbi.nlm.nih.gov/pubmed/25611084
HALOBETASOL	An investigator-initiated, double-blind, vehicle-controlled pilot study: assessment for tachyphylaxis to topically occluded halobetasol 0.05% ointment in the treatment of psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/24929883
INDIGO	Clinical assessment of patients with recalcitrant psoriasis in a randomized, observer-blind, vehicle-controlled trial using indigo naturalis	http://www.ncbi.nlm.nih.gov/pubmed/19015420
IRALFARIS	Efficacy of Iralfaris shampoo in the treatment of scalp psoriasis: a videodermoscopy evaluation prospective study in 70 patients	http://www.ncbi.nlm.nih.gov/pubmed/23149708
JAK1/2 INHIBITOR	Preliminary clinical activity of a topical JAK1/2 inhibitor in the treatment of psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/22281165
KUKUI NUT OIL	Effectiveness of kukui nut oil as a topical treatment for psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/16101874
LASER & CLOBETASOL/CALCITRIOL	An open label pilot study of supraerythemogenic excimer laser in combination with clobetasol spray and calcitriol ointment for the treatment of generalized plaque psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/26329774
MAHONIA AQUIFOLIUM	Treatment of mild to moderate psoriasis with Reliéva, a Mahonia aquifolium extract--a double-blind, placebo-controlled study	http://www.ncbi.nlm.nih.gov/pubmed/16645428
METHOTREXATE	The treatment of psoriasis vulgaris: 1% topical methotrexate gel	http://www.ncbi.nlm.nih.gov/pubmed/16911386
METHOTREXATE	Niosomal methotrexate gel in the treatment of localized psoriasis: phase I and phase II studies	http://www.ncbi.nlm.nih.gov/pubmed/17558046
METHOXYPSORALEN	8-Methoxypsoralen cream plus targeted narrowband ultraviolet B for psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/17100735
METHYLENE BLUE	Methylene blue mediated photodynamic therapy for resistant plaque psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/19180895
MOMETASONE & CALCIPOTRIOL/BETAMETHASONE	Topical treatment for scalp psoriasis: Comparison of patient preference, quality of life and efficacy for non-alcoholic mometasone emulsion versus calcipotriol/betamethasone gel in daily clinical practice	http://www.ncbi.nlm.nih.gov/pubmed/26503824

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MOMETASONE/SALICYLIC & MOMETASONE	Mometasone furoate 0.1% and salicylic acid 5% vs. mometasone furoate 0.1% as sequential local therapy in psoriasis vulgaris	http://www.ncbi.nlm.nih.gov/pubmed/19470062
OLEIC ACID	Optimization of narrow-band uvb with a 5% oleic acid cream in the treatment of psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/17373190
PENTAERYTHRITOL	Localized delivery of a lipophilic proteasome inhibitor into human skin for treatment of psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/26391114
PHOSPHODIESTERASE-4 INHIBITORS	Topical therapy for psoriasis: a promising future. Focus on JAK and phosphodiesterase-4 inhibitors	http://www.ncbi.nlm.nih.gov/pubmed/26552963
PIMECROLIMUS	Pimecrolimus 1% cream in the treatment of facial psoriasis: a 16-week open-label study	http://www.ncbi.nlm.nih.gov/pubmed/18216475
PIMECROLIMUS/CALCIPOTRIOL/BETAMETHASONE	1% pimecrolimus, 0.005% calcipotriol, and 0.1% betamethasone in the treatment of intertriginous psoriasis: a double-blind, randomized controlled study	http://www.ncbi.nlm.nih.gov/pubmed/16983001
QOOLSKIN	An open-label study of an herbal topical medication (QoolSkin) for patients with chronic plaque psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/17619788
RETINOL-BINDING PROTEIN	The effect of topical treatment and psoriasis severity on serum retinol-binding protein-4 levels	http://www.ncbi.nlm.nih.gov/pubmed/26293108
SALICYLIC ACID	Salicylic Acid 6% in an ammonium lactate emollient foam vehicle in the treatment of mild-to-moderate scalp psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/21369643
SALICYLIC ACID VS CLOBETASOLE	Comparison of the effects of pulsed dye laser, pulsed dye laser + salicylic acid, and clobetasole propionate + salicylic acid on psoriatic plaques	http://www.ncbi.nlm.nih.gov/pubmed/16393598
SIROLIMUS	Treatment of psoriasis with topical sirolimus: preclinical development and a randomized, double-blind trial	http://www.ncbi.nlm.nih.gov/pubmed/15840110
ST JOHNS WORT	The evaluation of the clinical effect of topical St Johns wort (<i>Hypericum perforatum</i> L.) in plaque type psoriasis vulgaris: a pilot study	http://www.ncbi.nlm.nih.gov/pubmed/22571563
TACALCITOL	High-concentration (20 $\mu\text{g g}^{-1}$) tacalcitol ointment in the treatment of facial psoriasis: an 8-week open-label clinical trial	http://www.ncbi.nlm.nih.gov/pubmed/20302582
TACALCITOL	Tacalcitol ointment for the treatment of nail psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/19367480
TACALCITOL	Daily versus intermittent application of high-concentration tacalcitol ointment in combination with low-dose cyclosporin for psoriasis vulgaris	http://www.ncbi.nlm.nih.gov/pubmed/16556277

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TACROLIMUS	Tacrolimus 0.1% ointment in nail psoriasis: a randomized controlled open-label study	http://www.ncbi.nlm.nih.gov/pubmed/22788697
TACROLIMUS	Topical tacrolimus for the treatment of psoriasis on the face, genitalia, intertriginous areas and corporal plaques	http://www.ncbi.nlm.nih.gov/pubmed/16673800
TACROLIMUS	0.3% Tacrolimus gel and 0.5% Tacrolimus cream show efficacy in mild to moderate plaque psoriasis: Results of a randomized, open-label, observer-blinded study	http://www.ncbi.nlm.nih.gov/pubmed/16585986
TACROLIMUS	Successful treatment of genital and facial psoriasis with tacrolimus ointment 0.1%	http://www.ncbi.nlm.nih.gov/pubmed/16223203
TACROLIMUS	Sterile Corneal Infiltrates Secondary to Psoriasis Exacerbations: Topical Tacrolimus as an Alternative Treatment Option	http://www.ncbi.nlm.nih.gov/pubmed/26222098
TACROLIMUS	Topical treatment of mild to moderate plaque psoriasis with 0.3% tacrolimus gel and 0.5% tacrolimus cream: the effect on SUM score, epidermal proliferation, keratinization, T-cell subsets and HLA-DR expression	http://www.ncbi.nlm.nih.gov/pubmed/18284400
TAZAROTENE	Short contact therapy with tazarotene in psoriasis vulgaris	http://www.ncbi.nlm.nih.gov/pubmed/16549919
TAZAROTENE & COAL TAR	Topical tazarotene vs. coal tar in stable plaque psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/19874376
TAZAROTENE VS CLOBETASOL	Comparison of clinical efficacy of topical tazarotene 0.1% cream with topical clobetasol propionate 0.05% cream in chronic plaque psoriasis: a double-blind, randomized, right-left comparison study	http://www.ncbi.nlm.nih.gov/pubmed/17319037
TOFACITINIB	A randomized phase 2a efficacy and safety trial of the topical Janus kinase inhibitor tofacitinib in the treatment of chronic plaque psoriasis	http://www.ncbi.nlm.nih.gov/pubmed/23387374
WARM-WATER VS SALTWATER	Bath PUVA and saltwater baths followed by UV-B phototherapy as treatments for psoriasis: a randomized controlled trial	http://www.ncbi.nlm.nih.gov/pubmed/17519218
ZINC PYRITHIONE	Treatment of localized psoriasis with a topical formulation of zinc pyrithione	http://www.ncbi.nlm.nih.gov/pubmed/22367374